the tavern on the bay

Sunday Menu

Starters

Soup of the Day, Welsh Butter, Artisan Breads **7**

Pan Fried Mushrooms, Spinach, White Wine, Garlic, Cream, Toasted Sourdough, Basil Oil (v) **8**

Tavern Bravas - Fried potato,Smoked Paprika & Tomato Sauce, Garlic Aioli (ve) **8**

Buttermilk Fried Chicken, Sweet Spicy Korean BBQ Sauce, Garlic Mayo, Spring Onion, Sesame Seeds **9**

Tian of Smoked Salmon & Prawn, Lemon & Chive Mayonnaise, Toasted Crostini **10.5**

Pork & Pancetta Meatballs, Cracked Black Pepper, Brandy & Cream Sauce **8.5**

Beetroot & Chickpea Falafel, Cous Cous, Mint, Chilli & Garlic Dressing, Hummus (ve) **8.5**

Greek Salad, Feta, Olives, Red Onion, Cucumber, Tomatoes, Oregano Dressing (v) **7.5**

Add Lamb Kofta & Sweet Chilli Sauce **9.5**

Mains

Roast Topside of Welsh Beef 19

Roast Leg of Glandwr Butchers Lamb 19

Roast turkey Breast, Pig in Blanket 19

Mushroom & Nut Roast (v) **17**

(Creamed & Roast Potatoes, Pan Gravy, Yorkshire Pudding, Sage & Onion Seasoning, Seasonal Vegetables)

Wok Fried Crispy Chicken, Cantonese Sweet Chilli Sauce, Sticky Coconut Rice, Prawn Crackers **18**
With Tempura Vegetables (v) **16**

Poached Hake Fillet, Lemon Tarragon Butter Sauce, Crushed New Potatoes, Seasonal Vegetables **19.5**

Chargrilled Chicken & Sweetcure Bacon Chargrilled Chicken & Sweetcure Bacon, Ranch Dressing, Croutons, Parmesan **17.5**

Mediterranean - Falafel, Cous Cous, Roast Vegetables, Fried Halloumi, Hummus, Tzatziki (v) **17.5**

Chicken Burger - Buttermilk Fried Chicken Breast, Garlic Mayo, Onion Rings, Salad, Fries **17.5**

(Ve) Vegan (V) Vegetarian

Desserts

Salted Caramel Dipped Profiteroles, Fudge Ice Cream, Chocolate Sauce **8.5**

Sticky Toffee Pudding, Butterscotch Sauce, Vanilla Ice Cream **8.5**

Sicilian Lemon Tart, Fresh Raspberries, Crème Freche, Mango Sorbet **8.5**

Sion's Biscoff Cheesecake, Biscoff Icecream, Salted Caramel Sauce **8.5**

Chef's Brioche Bread & Butter Pudding, Apricot Glaze, Custard **8.5**

White Chocolate & Orange Crème Brûlée, Shortbread Biscuit **8.5**

Dairy Ice Cream

Vanilla / Strawberry & Clotted Cream / Honeycomb

Raspberry Ripple / Mint Choc Chip / Salted Caramel / Biscoff

2 Scoops **5.5** 3 Scoops **6.5**

Sides

Chunky Chips **5.5**

French Fries **5.5**

Salt n Chilli Fries **6**

Dressed Salad **5.5**

Onion Rings **5.5**

Fried Halloumi **6**

Kids Meals

Kids Roast Dinner **10**

Sausage, Fries & Beans **8.5**

Chicken Goujons, Fries & Peas **8.5**

Pasta, Tomato Sauce & Garlic Bread **8**

Desserts

Chocolate Brownie Sundae **6**

Sticky Toffee Pudding, Vanilla Ice Cream **6**

Kids Ice Cream (1 scoop) **2.5**