

Available May 2018

STARTERS

Chefs soup of the day £5 (v)

(With freshly baked breads & butter)

House Pate £6.95

(coarse chicken liver & cognac pate with spelted toast & thick onion marmalade)

Bread board £5.50 (v)

(Bavarian, honey & spelt, cheese & onion & cornbread, olives & aged balsamic & oil)

Fishcakes £7.25

(Trio of smoked haddock & spring onion cakes with salad, caper, pickle & dill mayonnaise)

Bruschetta £5.95

(topped with mozzarella, roasted cherry tomatoes, fresh basil, olive oil & balsamic reduction)

Oriental beef £7.50

(Fried with sweet chilli, spring onion, ginger & lemongrass served on grilled flatbread)

Garlic mushrooms £6.75 (v)

(in cream sauce with white wine, garden herbs & parmigiano served on toast)

Tian £7.50

(Poached smoked salmon, crab & prawns, lemon mayonnaise, salad brunoise & baby gem)

Scallops £10.25

(Pan seared king scallops, butternut squash purée, crispy bacon & white wine veloute)

MAINS

Steak £22.95

(10oz chargrilled welsh ribeye, confit tomato, chunky chips, onion rings & a choice of peppercorn or blue cheese sauce)

Duck £17.50

(Pan roast duck breast, forest berry & red wine reduction, celeriac purée, fondant potato & seasonal vegetables)

Gammon £14.95

(12oz chargrilled gammon steak, glazed pineapple, fried egg, house salad & chunky chips)

Pork £14.95

(Slow braised belly pork in cider, sage, apple & onion stock on creamed potatoes with seasonal vegetables)

Lamb £16.95

(Chargrilled rump of welsh lamb, redcurrant & mint jus creamed potato, duck fat roasties & seasonal vegetables)

Chicken £14.95

(chargrilled chicken breast, spinach, bacon & mushroom sauce, seasonal vegetables & chunky chips)

Cod £13.95

(Fresh Cod loin, traditional chip shop batter, chunky chips, mushy peas, rustic tartare sauce & lemon)

Salmon £14.95

(Poached salmon fillet, fennel, red onion, rocket & watercress salad, warm buttered new season potatoes & garden herb mayonnaise)

Seabass £16.95

(Pan fried wild local seabass fillet on roast vegetables & samphire with sauté potatoes, tomato, olive & basil dressing)

Hake £14.95

(Roast hake supreme, herb crust, white wine & citrus butter sauce, dill crushed new potato & seasonal vegetables)

Fish Stew £17.95

(monkfish, king prawns & mussels in a rich tomato, saffron & white wine stock served with artisan breads)

Tagine £11.95 (v)

(Moroccan style vegetable tagine with couscous, tortilla crisps & tzatziki dip)

Tortilla Parcel £11.95 (v)

(Filled with smoky bean casoulette on rocket salad with mint yoghurt dip, tomato salsa & sweet potato fries)

Baked Halloumi £11.95 (v)

(On seasonal leaf salad with roast butternut squash, pomegranate dressing & croutons)

12" PIZZA (vegan cheese available)

Neopolitan (v) - tomato & basil sauce with mozzarella £10.95

Carne - sausage, chorizo & pepperoni £12.95

Capriciosa - field mushroom, baked ham & red onion jam £11.95

Provenzale (v) - roast vegetables, goats cheese, rocket & balsamic dressing £11.95

Hawaiian - baked ham & pineapple £11.95

Piccante - chorizo, jalapeño peppers, red onion & sweet chilli drizzle £11.95

Frutti de Mare - king prawns, anchovies, mussels, capers & red onion £13.50

BURGERS (served with coleslaw, toasted bun & chunky chips)

Chargrilled 6oz welsh beef burger (bacon & cheddar cheese, salad & house relish) £12.95

Southern fried chicken fillet (salad, tomato salsa & mayonnaise) £12.95

Chargrilled 6oz welsh lamb burger (feta cheese, salsa & tzatziki dip) £12.95

Butternut squash & chickpea burger (v) (grilled halloumi & house relish) £11.95

SANDWICHES & WRAPS (served from 12 till 2.30pm)

Fried steak (red onion marmalade & rocket on toasted ciabatta) £10.95 add perl las £11.50

Open prawn Marie rose (lettuce on brown or white bread) £8.95

Welsh cheddar(v) (tomato lettuce & country pickle on brown or white bread) £6.95

Southern fried chicken (tomato salsa, lettuce & Mayo wrap) £7.50

Grilled halloumi (v) (sweet chilli, lettuce & tomato wrap) £6.95

Club sandwich (chicken, bacon, tomato & lettuce between three layers of toast with mayonnaise) £10.95

SIDE ORDERS

chunky chips £3.50

Garlic ciabatta/with mozzarella £3.95/£4.95

Onion rings £3.95

Dressed salad £3.50

Seasonal vegetables £3.50

Coleslaw £2.50